

## ALLENDALE

### Minutes of the Board of Health

Thursday, October 2, 2014

**ROLL CALL:** A regular meeting of the Allendale Board of Health was held in the Municipal Building on the above date. The meeting was called to order at 8:00 p.m. by Bruce Beck, President.

The following members were present: Nadine Benoit, Linda Morgan, Susan Toron, Maria Crean, Chris Martin and Bruce Beck. Robin Iversen was absent. Also present was Linda Quinn.

Councilwoman Liz White and Councilman, Steve Sasso also attended our meeting.

**GUEST SPEAKER:** Albert J. Ferrara, Jr., Coordinator of the Bergen-Hudson Chronic Disease Coalition Tobacco Free Initiative Senior Field Representative.

Mr. Ferrara went on to explain that “their purpose is to get communities to become aware of the fact that outdoor Tobacco usage should be carefully considered for the wellbeing of the community”. He went on to say that studies have now shown that outdoor second hand smoke exposure in the proper environment, which means the amount of wind current, the amount of particulates, the amount of volume, and the concentrations of the chemicals, of metals and gases even in second hand smoke can be even higher than indoor second hand smoke. He mentioned that oftentimes he would tell people “I can give you 7,000 reasons why you should quit smoking and that is the chemicals, metals and gases that are found in every puff of a cigarette. Secondhand smoke comes into the picture because you get those 7,000 chemicals, metals and gases from the mainstream smoke of the smoker and then, if the cigarette and tobacco products are allowed to fester in an ashtray on a table top or on a plate, or just in that environment, the concentration of those chemicals metals and gases are even higher”. “Again, what we are trying to do is to make people aware of the outdoor dangers of second hand smoke. For example, if you are riding in your vehicles and in a car in front of you someone is smoking, you can pick up the smell of the smoke, even though they are a couple of car lengths ahead of you. Additionally, children model their parents’ behavior and if children see their parents smoke they will gravitate to that behavior. Alternatively, children can see that there is no smoking in a restaurant or in a public building. Yet when they go to a park, people are sitting on benches smoking and throwing their cigarette butts everywhere. This, too, is the number one cause of litter.”

Mr. Ferrara mentioned that the electronic cigarette is now a banned substance as well, and is part of the N.J. Smoke Free Air Act. It and cannot be used in any indoor public

place and that you must be nineteen years old to use one. Electronic cigarettes have no tobacco in them, but they do contain nicotine and are a smoking item. It was found that whatever comes out of this cigarette vapor contains some cancer causing agents. In addition, they are not carefully regulated.

He also stated that the Bergen County Park system is not 100 percent smoke free and what they want to cultivate is that outdoor smoking is not to be tolerated as well. 32 communities of the 70 in Bergen County have 100 percent smoke free park and recreational area ordinances.

Regarding enforcement - when the ordinance is adopted a clear tangible sign would be posted. The ordinance should have some type of punitive measure. Many of them have sided with the Smoke Free Air Act penalty which is \$250 for the first offense, \$500 for the second and \$1,000.- for the third.

Mr. Ferrara went on to say that "It is up to the municipalities to decide what is best for their community insofar as tobacco control. We want residents and visitors to say that Allendale parks and recreation areas remain lovely and are smoke free".

#### **APPROVAL OF MINUTES:**

The September 2014 Minutes were accepted with a motion to approve by Maria Crean and seconded by Nadine Benoit.

#### **SECRETARY/ REGISTRAR'S REPORT:**

**Adult Health Clinic** – One person attended.

**Child Health Clinic** – No children attended.

**Vital Statistics** – 4 Births 4 Deaths 2 Marriages

**Receipts** - \$200.00 in Miscellaneous, \$40.00 in Certified Copies, \$56.00 in Marriage Licenses, totaling \$296.00.

#### **COMMUNICATIONS/CORRESPONDENCE**

-None received.

#### **HEALTH OFFICER/SANITARY REPORTS**

-Pastafino began renovations and will be reopening.

-Louie's Place closed. The food reviews were always outstanding, however, the location was not the best.

-Morano's closed. Many interested parties came to Borough Hall inquiring about the location, however, the last we heard was that a business making cabinets will be going in.

-Crestwood Lake had an outstanding season and closed Labor Day weekend.

-Inspected Restaurant L which was satisfactory.

-Dairy Queen complained about an odor from the A&P dumpster. Oftentimes the seals break on the dumpster and need to be replaced which was the problem.

-Received a complaint from a customer who said they got ill eating something from Bernie's Bagels. Our sanitarian took a sample to the lab for testing and the results were fine and the complaint totally unfounded .

-Mezza Luna received a complaint that trash and raw chicken was observed on the ground in the rear parking lot. Visited them and discussed violations and dumpster issues. Spot checked their kitchen.

-Mention was made of a Stigma Free Zone Movement wherein many towns are performing a coalition to work together to build a community that supports and assists those with mental illness. One in four adults experience a diagnosable mental disorder in a given year, yet more than half will not seek treatment. The main reasons cited are shame and fear of judgment from family, friends and co-workers. The goal is to build a society where people are free of this stigma and can get the help they need.

## **OLD/NEW BUSINESS**

-A recommendation to establish a Smoke Free Ordinance for Allendale's Parks and Recreational facilities is underway. Information will be reviewed at our next Board of Health meeting and then forwarded to Mayor and Council.

## **PRESIDENT'S REPORT**

-Nothing new to report.

## **MEETING OPENED TO THE PUBLIC**

-No one came forward.

**A motion to adjourn is made by Susan Toron and seconded by Nadine Benoit.  
The meeting adjourned at 9:15 p.m.**

Respectfully submitted,

Jean Manus, Secretary  
Allendale Board of Health