

## **ALLENDALE**

### **Minutes of the Board of Health**

**March 2, 2017**

**ROLL CALL:** A regular meeting of the Allendale Board of Health was held in the Municipal Building on the above date. The meeting was called to order at 8:00 p.m. by Bruce Beck.

The following members were present. Nadine Benoit, Linda Morgan, Maria Crean, Susan Toron, Robin Iversen, and Bruce Beck. Christopher Martin was absent. Also present was Margaret Dunne, our sanitarian.

**Guest Speaker – Margaret Mantello of the Bergen County Department of Health Services.**

Margaret Mantello is Allendale's Public Health Nurse with the Bergen County Department of Health Services. She was accompanied by Michelle Gardner, our Health Educator.

Ms. Mantello began by saying that "the County nurses were out in the Fall doing School Immunization Audits in the Allendale schools, which included the Archer Nursery School, and all are at 100 percent. There was a follow up with Communicable Diseases and there has been nothing outstanding with our investigations.

The yearly Flu Clinic is scheduled in the Fall of this year and an order for the vaccine has been placed. We will do the same program as we have done in the past with a tentative scheduled date of November 2<sup>nd</sup>."

Ms. Mantello advised that - "New Jersey is adopting the CDC Guidelines for Lead Abatement Investigations for children with a Level Five and over. The CDC always had that guideline but New Jersey had a Level Ten and over to require investigations. The Governor just passed legislation in New Jersey that Level Five will now be our new cut-off. This will add an additional workload to nursing case managers and inspectors. After the Flint, Michigan issue with lead in their water supply, New Jersey had been testing the water levels at all schools."

There are two new Health Promotion programs that are being offered by the County. They are - 1) Best Foot Forward which is a nutritional program and, 2) Seven steps to Healthy Living which is a wellness program. Many towns have been highly receptive and the County has had many requests for these programs. Other programs include Communicable Disease, Wellness Prevention, Medication Management, Bergen Bites Back, and Zika. She mentioned that if there is any type of program we want to schedule in our community, for any age group, just let her know and she will always assist. She also said that some of these programs are already set up with the Allendale Library for the Spring. "We have a Cancer Survivor Group being offered at the end of March, and Health First Aid Training which can be offered to Police, Fire, Ambulance, Clergy, etc. This is an 8 hour program which can be done in one day or two four hour days. A minimum of 10-20 people is required."

The Board discussed our County health contract wherein we are being charged for three inspections, i.e. one for Archer Nursery School and two for the YMCA after school program held at Hillside and Brookside schools. Ms. Mantello did not respond to this issue stating that she only does the nursing programs and that it must be addressed through the health inspector. She was aware that this was discussed with Thomas Longo at the County.

One of our Board members asked what she would suggest we do to maximize what the County can do for us? Ms. Mantello suggested that we try having an activity at the library or an evening program. She also talked about our Health Consultation Program that was held monthly but was changed to quarterly due to lack of attendance. "When this happens, some towns table it." We have had one resident attend and are hoping we will have better numbers now that the meeting is prior to the XYZ Club. She also stated that "if residents have their health care needs met elsewhere, they feel there is no need to attend these programs".

Another question asked was regarding water inspections in the school and where the water was taken from and what the results were. Ms. Mantello said that this is something the County does not do as it is done at the State level. "The State takes the water sample and we do the investigation end of it. If there was any issue in the Allendale schools, we would have been contacted."

Another Board member asked – "What is the biggest concern for Bergen County". Ms. Mantello said there are many, however, Zika has been the latest concern with people travelling into our country. People relocate from those areas where Zika is prevalent into the United States. A lot of educating is being done on Zika and Tick Borne illnesses. Additionally, we have had a very active Flu season in schools as well as in long-term care facilities, however, not in Allendale, fortunately. We have had a lot of issues throughout Bergen County and have had thirteen to fifteen surveillances going on in different schools and long term care facilities with Flu, Upper Respiratory, Zika etc. Many people come to this area for treatment and medical care. Therefore, we are aware of many birth defects with the Zika virus but statistics are kept at the hospital levels."

A sample packet of different brochures offered by the County was left for distribution.

Ms. Mantello also mentioned a program called "The Stigma of Mental Illness in Bergen County" which is offered by the County. The Board of Health, as well as the County, suggests that it is a good idea for first responders, and college students to take. Perhaps also offering it to seniors at the high school level. It touches on suicide, alcohol, and mental illness. It is a nationally recognized course with a three year certification offered throughout the United States. Right now one must be eighteen years old to take this particular course, however, there will be an adolescent course available shortly. The County must have training on this before it will be offered to younger students.

We thanked Margaret and Michelle for coming and giving us updated information.

**APPROVAL OF MINUTES:**

The February 2017 Minutes were accepted with a motion to approve by Linda Morgan and seconded by Robin Iversen.

**SECRETARY/REGISTRAR'S REPORT**

Adult Health Clinic – No clinic was held.  
Child Health clinic – No children attended.  
Vital Statistics – 2 Births 7 Deaths 1 Marriage  
Receipts - \$1,085.- in Retail Food Licenses, \$100.00 in certified copies, totaling \$1,185.00.

**COMMUNICATIONS/CORRESPONDENCE**

-Immunization Audit Report from Archer Cooperative Nursery School.  
-Bergen County Department of Health Services list of Health Promotion Services for 2017.

**HEALTH OFFICER/SANITARY REPORT**

Performed a Chapter 24 at Savini's and Allendale Steakhouse and both posted satisfactory.

Followed up with Sky Zone re their Retail Food License Same was finally paid for and received.

There was a bedbug issue at the Allendale Hotel. An exterminator was called in and the situation was abated.

**OLD/NEW BUSINESS**

Carol Shepard, our public health nurse at our Well Baby Clinic had to resign due to medical reasons. Another nurse has been hired to replace Mrs. Shepard.

Six vial of Flu Vaccine has been ordered for our Flu Cline which is to be held in November.

## **PRESIDENT'S REPORT**

Nothing new to report.

## **MEETING OPENED TO THE PUBLIC**

No one came forward.

**A motion to adjourn was made by Robin Iversen and seconded by Maria Crean. The meeting adjourned at 8:45 p.m**

Respectfully submitted,

Jean Manus, Secretary  
Allendale Board of Health